

ALCOHOLISM



TREATMENT for ALCOHOLISM

FAIRWINDS TREATMENT CENTER

OPENED IN
1989

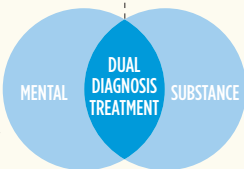
LICENSED DUAL DIAGNOSIS FACILITY
Joint Commission Accreditation for over 20 years. Led By Medical Director, Dr. El-yousef.

▶ **24 hour**
On-site medical detox with medical supervision

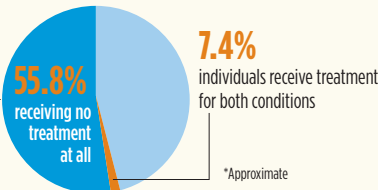
▶ Individual and group sessions with experienced therapist each week

▶ Individualized treatment plans monitored by Clinical Director and M.D. including CBT, DBT, Family Therapy, Individual Psychotherapy, Nutrition Services

AFTERCARE TREATMENT PLANS
provided for each client



8.9 million adults* have co-occurring disorders; that is they have both a mental and substance use disorder



INTEGRATED TREATMENT
or treatment that addresses mental and substance use conditions at the same time is associated with lower costs and better outcomes such as:

- ▶ Reduced substance use
- ▶ Improved psychiatric symptoms and functioning
- ▶ Decreased hospitalization
- ▶ Increased housing stability
- ▶ Fewer arrests
- ▶ Improved quality of life



ABUSE of ALCOHOL

In the United States, a standard drink is any drink that contains 0.6 ounces (14.0 grams or 1.2 tablespoons) of pure alcohol. This amount of pure alcohol is found in:

12 fl oz
REGULAR BEER
about 5% alcohol

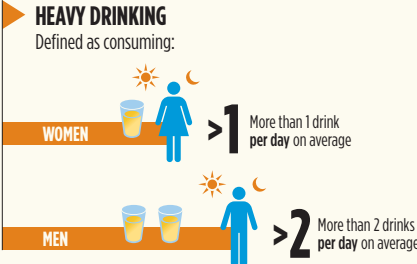
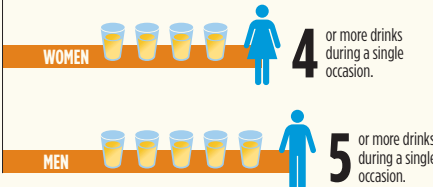
8 fl oz
MALT LIQUOR
about 5% alcohol
(shown in 12 oz glass)

5 fl oz
WINE
about 12% alcohol

1.5 fl oz
80-proof SPIRITS or LIQUOR
about 40% alcohol

PATTERNS OF EXCESSIVE DRINKING

▶ **BINGE DRINKING**
(Most people who binge drink are not alcoholics or alcohol dependent):
This most common form of excessive alcohol consumption, is defined as:



80,000
Approximate deaths attributed to alcohol abuse each year in the U.S.

1 2 3
Alcoholism is the 3rd leading lifestyle-related cause of death for the nation

\$223.5 billion
Estimated economic costs of excessive alcohol consumption in 2006

Alcohol abuse is responsible for **2.3 million** years of potential life lost (YPLL) annually, or an average of about **30 years** of potential life lost for each death

In 2006, there were more than **1.2 million** emergency room visits and **2.7 million** physician office visits due to excessive drinking



RISKS & SYMPTOMS of ALCOHOLISM

IMMEDIATE HEALTH RISKS



INJURIES
Traffic and firearm injuries, falls, drownings and burns



VIOLENCE
Intimate partner violence and child abuse



RISKY SEXUAL BEHAVIORS
Sexual Assault, Sexually Transmitted Diseases



PREGNANCY
Increase Risk of Infertility, Miscarriage, Stillbirth and Premature Delivery, Fetal Alcohol Syndrome



ALCOHOL POISONING
Loss of consciousness, low blood pressure and body temperature, coma, respiratory depression or death

LONG TERM HEALTH RISKS



NEUROLOGICAL PROBLEMS
Dementia, stroke and neuropathy



SOCIAL PROBLEMS
Family issues, unemployment



PSYCHIATRIC PROBLEMS
Depression, anxiety, suicide



CANCER
Mouth, throat, esophagus, liver, colon and breast



LIVER DISEASES
Alcoholic hepatitis and Cirrhosis